

Qigong, Meditation, and Therapeutic Communication

Curious about the skills and depth of brief therapy
taught in our Medical Qigong Practitioner (MQP) training?

Open to the public and healthcare professionals, offering knowledge from our 32 hr course P1-Intro to MQ Therapy, 1st in the MQP series. Nurture flowing energy, presence, awareness, rapport, empathy, and power. Offer deeper service for clients, loved ones, and humanity.

Qigong

Energy training. Bringing discipline to the body's life force energy.

Medical Qigong

The oldest of four schools of Chinese medicine.

The energetic skill of Qigong joined with Chinese medicine theory.

Providing expedient therapies for body, mind, emotions, Spirit, and energy.

Meditation

Mind training with bravery and confidence

Sitting, standing, walking, and lying down.

Grounds, roots, and stabilizes the mind in innate goodness.

Access peace, contentment, clarity, compassion, and power.

Therapeutic Conversation

Multilevel healing interaction.

Inspired by Milton Erickson's approach to brief therapy.

Dip your toe - in the deep and delicious pond of energetic being, flowing energy, and multilevel communication as taught in the MQP certification courses. Go home with skills you can use daily for the rest of your life. Explore your curiosity about qigong and healing in our classes.

Class schedule and further information - <http://qigong-clinic.com> - Classes offered in Portland and Eugene. **About the instructor** - <http://qigong-clinic.com/aboutus.shtml>.

Earn LMT continuing ed. credits - for all our classes and for the MQP certificate courses.



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dba Oregon Medical Qigong

Practitioner and Advanced Instructor

Specializing in Daoist Energetic Medicine

Medical Qigong and Ericksonian Hypnosis

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