

# Daoist Energetic Medicine

The Curriculum of the International Institute of Medical Qigong  
Texts by Prof. Jerry Alan Johnson, DMQ  
Syllabi by Shifu Bernard Shannon, DMQ

## P-1: Intro to Medical Qigong Theory

A Five Day, 32 hour course, first of the (MQP) Certificate series

### P1 Course Topics

• Experiential Daoist Knowledge and Scholarship • Over 25 Medical Qigong Forms Will Be Taught • Joining the Three Treasures of Heaven, Earth, and Humanity • Qigong for Purging, Tonifying, and Regulating • Breathwork • Healing Sounds • Standing and Sitting Meditations • Energetic Protection • Overcoming Resistance to Training • Unconditional Loving Kindness for Oneself • Analytical Understanding of the Exercises • How to Create a Daily Qigong Routine • Texts, readings, and competencies • Please visit our website and contact us for info, or to register •

### P1 Portland - Fall

Sept: 24 (Sun), 30 (Sat), Oct: 1 (Sun), 14 (Sat), 22 (Sun)

## P2 Intro to Diagnosis and Treatment

### P2 Eugene - Fall

Sept: 24 (Sun), 30 (Sat), Oct: 1 (Sun), 14 (Sat), 22 (Sun)

## Partial Scholarships for Enrolled Students

CEs: Or Massage Therapy • Acupuncture - NCCAOM

9am-12:30pm, 2-5:30pm, 8am Qigong, Breaks, BYO Lunch  
Fee \$700, Eugene meets at A Healing Space, Portland TBA



Eric Shaffer, DMQ

Practitioner • Advanced Instructor

Daoist Energetic Medicine • Medical Qigong

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