

Daoist Energetic Medicine

The Curriculum of the International Institute of Medical Qigong
Texts by Prof. Jerry Alan Johnson, DMQ
Syllabi by Shifu Bernard Shannon, DMQ

P-1: Intro to Medical Qigong Therapy

A 32 hour course, first of the (MQP) Certificate series

P1 Course Topics

- Experiential Daoist Knowledge and Scholarship
- Over 25 Medical Qigong Forms Will Be Taught
- Joining the Three Treasures of Heaven, Earth, and Humanity
- Qigong for Purging, Tonifying, and Regulating
- Breathwork
- Healing Sounds
- Standing and Sitting Meditations
- Energetic Protection
- Overcoming Resistance to Training
- Unconditional Loving Kindness for Oneself
- Analytical Understanding of the Exercises
- How to Create a Daily Qigong Routine
- Texts, readings, and competencies
- Please visit our website and contact us for info, or to register

P1 Portland - Late July Early August (5 Days)

July 22, 23, 29, 30, August 5, 9am-12:30pm, 2-5:30pm, 8am Qigong - Days 2-5, Breaks, BYO Lunch, Fee: \$700

P2 Intro to Diagnosis and Treatment

P2 Eugene - Late September

Instruction: 9am-12:30pm, 2-5:30pm, 8am Qigong, Breaks, BYO Lunch, Fee: \$700, At A Healing Space, Dates TBD

Partial Scholarships for Enrolled Students

CEs: NCCAOM Acupuncture • OR Massage Therapy



Eric Shaffer, DMQ Practitioner/
Advanced Instructor of the IIMQ Curriculum
Portland and Eugene, Oregon

Medical Qigong Energetic Healing, Teaching, Clinical Hypnosis
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